

Lights, Camera, Media Literacy!
Learning Modality Descriptors

VISUAL	AUDITORY	KINESTHETIC
Likes to read, watch, and observe	Likes to listen	Likes to move
Notices details	Likes discussions	Likes doing things, activities
Doodles	Likes to ask questions	Confused by visuals and discussions
Likes to visualize	Spells by letter sounds	Difficulty with spelling
Likes to see how things are done	Talks to self aloud	In motion most of the time (taps pencil or foot while studying)
Spells by sight	Enjoys talking	Outgoing personality
Mind sometimes strays when people are talking	Distracted by extra noises	Tries new things
Quiet personality	Hums or sings	Solves problems by physically working through them
Meticulous, neat	Outgoing personality	Uses hands when talking
Good handwriting	Difficulty with written directions	
Difficulty with verbal instructions		

Sources
 Don Clark, "Learning Style Preferences"
 Innovative Publications "Learning Channel Preference Checklist"

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Learning Modality Study Suggestions

VISUAL	AUDITORY	KINESTHETIC
Use imagery	Use tapes	Walk/pace as you study
Take notes	Listen to speakers	Act out what you study
Use color codes	Make up poems/raps	Practice by repeated motion
Use study cards	Read aloud	Exercise
Use visuals	Talk to yourself	"Write" on surface with finger
Demonstrate	Be involved in discussions	"Write" in the air
Draw pictures	Repeat things orally	Take notes
Watch self talking in a mirror	Sound out words	Write lists
See parts of words	Say words in syllables	Watch self talking in a mirror

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